Curry Senior Center
40th Anniversary
SERVING SENIORS SINCE 1972

Aging with health, hope, and dignity

ANNUAL REPORT 2011–2012
We are so thankful to our partners and donors for supporting and partnering with Curry Senior Center over the past 40 years! Today our programs are as needed as they were during our beginning in 1972, when local leaders and advocates formed the North of Market Health Council (now North Health). This report reviews some of our milestones over the past four decades, shares some of the good things we did last year, and introduces some of our newest activities.

Highlighting our successes begins with thanking our dedicated staff for their hard work! Our Primary Care Clinic experienced a 10% increase in visits last year, and volunteers serving our 100,000 meals a year in the Dining Room stepped forward with more hours (double the previous year’s) and in greater numbers. We also were able to expand our Behavioral Health Program to include mental health services.

We are also in the midst of creating new partnerships and new directions—particularly important as healthcare reform changes the way health care and other services are delivered. Our newest initiative is internal as we transition to “team-based” care. This means that doctors, nurse practitioners, nurses, nurse assistants, and administrative staff all recognize their role in an individual’s health care. All are involved and support a senior’s health and well-being. (“It’s not just the provider who runs the show!”

We are also partnering with the Community Living Campaign and the Department of Aging and Adult Services in San Francisco to create a Computer Learning Center. A group of volunteers has begun working with our elders on the requirements for this infrastructure; eventually, many of our elders will be able to manage some of their day-to-day activities online!

As we move forward, we realize our mission remains even more needed than ever. Our senior population is growing and aging in place. They are living longer and needing more help as they age. Many are homeless and certainly without family or other support on hand.

We are so grateful to the partners and donors who have helped us meet the challenges of each new decade; their expertise and generosity allow the seniors in the Tenderloin and South of Market neighborhoods to have the services they need to promote independent living while maintaining their dignity and self-esteem.
In 1972, with just one doctor and one nurse, a storefront primary care clinic first opened its doors to seniors in the Tenderloin district of San Francisco. Our founder, Francis J. Curry, M.D., was a pioneer in patient-centered care, seeking to make medical care as accessible as possible to low-income clients. This revolutionary approach would later become a model for international efforts against tuberculosis.

Today, Dr. Curry’s legacy of leadership and innovation lives on through the Curry Senior Center. Here, more than 2,000 seniors—regardless of income or insurance—have access to top-notch health care as well as meals, housing, and social services. All in their own neighborhood.

Our mission remains vital: to provide seniors with services that promote independent living while maintaining their dignity and self-esteem.

Now celebrating our 40th anniversary, Curry Senior Center continues to develop programs that are responsive to the aging population in one of the poorest neighborhoods of San Francisco. We are grateful to our partners and our donors for making our work possible.
Primary Care Clinic
In partnership with San Francisco’s Department of Public Health, Curry offers preventive and medical care by appointment, on a drop-in basis, and through house calls. Includes clinical pharmacy, podiatry, and women’s health services.

Highlights
- Health education efforts included the addition of pain management and smoking cessation classes and expansion of one-on-one and group diabetic education.
- Transitioning to team-based care and expansion of behavioral health services.

By the Numbers
- Served 1,625 clients with 10,509 visits—a 10% increase in visits over the previous year.
- 166 in-home visits by physicians and nurse practitioners for seniors too frail to leave their homes.

Social Programs
Curry Senior Center offers opportunities for social connections and engagement for seniors at a stage in life when isolation is all too common. These opportunities include cultural events, walking groups, bingo, movies, educational classes, and field trips. All Curry Senior Center programs are offered in eight languages, serving the diverse immigrant community of San Francisco.

Highlights
- Started a new after-lunch walking group and a monthly raffle in the Dining Room.
- Escorted elders to movies and professional baseball games.

By the Numbers
- We hosted 1,700 activity hours last year.
- 540 hours annually of medical translation in Cantonese, Lao, Mandarin, Russian, Spanish, Tagalog, and Vietnamese.

Dining Room
In partnership with Project Open Hand, Curry offers nutritionally balanced, homelike breakfasts and lunches 365 days a year. The Dining Room is a welcoming environment that allows for social interaction, health education programs, community programs, and connection with other Curry services. It is a regular oasis for over 1,000 seniors each year.

Highlights
- Recruited a new group of daily volunteers who serve and socialize with seniors.
- Enhanced the infrastructure with new kitchen equipment, sturdy chairs, an expanded bathroom, and a refurbished elevator.

By the Numbers
- We served 49,320 breakfast meals and 61,480 lunch meals last year.
- We served 1,028 elders last year.

In partnership with Caritas Management Corporation, Curry Senior Center operates two floors of housing for formerly homeless seniors. There are studio apartments for 13 residents and a resident manager. Residents are able to access all of the services onsite at Curry, including meals, social programs, and health services, as well as live in a safe, clean, and stable environment.

Highlights
- Curry’s Senior Housing had an occupancy rate of 97.5% last year.

Behavioral Health
Curry’s behavioral health services staff offer outreach and intake for clients with substance abuse problems; provide individual counseling for clients, either at the agency or on home visits; and conduct structured therapeutic groups on a daily basis to address issues of recovery, life skills, and anger management.

Highlights
- Program expansion includes the addition of mental health services, strengthening existing partnerships, and potentially starting new relationships with community agencies.

By the Numbers
- Staff completed 328 in-home counseling sessions for elders too frail or isolated to leave their homes.

Housing
In partnership with Project Open Hand, Curry offers preventive and medical care by appointment, on a drop-in basis, and through house calls. Includes clinical pharmacy, podiatry, and women’s health services.

Highlights
- Curry’s Senior Center is partnering with four other senior service organizations to work with local hospitals, through a pilot case management program, ensuring safe discharges from hospital to home, thus reducing the number of hospital readmissions.

By the Numbers
- Housing was secured for 42 seniors who were previously homeless.

Our Programs
ONE IN 10 OF THE 13,000 ADULTS OVER THE AGE OF 60 WHO LIVE IN THE HEART OF SAN FRANCISCO IS HOMELESS. MANY OTHERS LIVE ALONE AND ARE CONSTRAINED BY LANGUAGE BARRIERS AND LACK OF RESOURCES. CURRY SENIOR CENTER OFFERS FOOD, SHELTER, HEALTH CARE, AND SOCIAL OPPORTUNITIES—SINCE 1972.
Volunteers
Our volunteers contributed over 10,000 hours in the past year to helping Curry Senior Center fulfill its mission—double the amount of the previous year. Without your help, we wouldn’t be able to serve breakfast and lunch in the Curry Dining room or run many of the social and fundraising events that we have. We look forward to expanding our volunteer force in the next year. We are also thankful to our board and committees who lend their expertise so generously to planning and implementation of our many programs.

Community Partners
Curry Senior Center has a long-standing history of offering quality programs by our dedicated staff and unique partnerships. At the hub of a wide range of services, we and our partners offer tested programs that nourish the hearts, minds, and bodies of a diverse group of seniors.

We would not be able to provide this quality care without the participation of the following organizations:
- Association for Retarded Citizens
- Central City Hospitality House
- Central City Older Adults
- Community Living Campaign
- Family Service Agency
- Jewish Family and Children’s Services
- Open House
- Little Brothers – Friends of the Elderly
- Project Open Hand
- San Francisco Department of Aging and Adult Services
- San Francisco Community Clinic Consortium
- San Francisco Department of Public Health, including Community Behavioral Health Services and Primary Care
- Saint Francis Memorial Hospital
- Self-Help for the Elderly
- Tenderloin Neighborhood Development Corporation

Support and Revenue
- Government Grants and Contracts: 67%
- Fundraising: 25%
- Investment Income: 2%
- Other: 3%
- Reserves: 3%

Expenses
- Program and Services: 77%
- Management and General: 17%
- Fundraising: 6%

- Support and Revenue
  - Government Grants and Contracts: $1,619,202
  - Fundraising: $584,735
  - Investment Income: $38,490
  - Other: $6,020
  - Reserves: $66,453
  - Total: $2,371,900

- Expenses
  - Program and Services: $1,824,815
  - Management and General: $396,965
  - Fundraising: $150,120
  - Total: $2,371,900

Volunteers and Community Partners

1980s
Celebrating 15 Years of Service

1990s
Curry Senior Center introduces the Shabbat Lunch Program for Isolated Jewish seniors at the site, and an association of gay bar owners forms the Lunch Bunch, overseen now by Open House. The Center also begins offering services in Cambodian, Lao, and Vietnamese, in addition to Cantonese, Mandarin, Russian, and Spanish.

The City of San Francisco establishes a homeles seniors task force.

North and South of Market Aids and Mercy Housing create presentation senior housing on the same site.

1991–1992
- The City of San Francisco establishes a Homeless Seniors Task Force.
- North and South of Market AIDS and Mercy Housing create presentation senior housing on the same site.

1992
Support and revenue come from government grants and contracts 67% fundraising 25% investment income 2% other 3% reserves 3%
2003

Curry Senior Center thanks our many friends who have enabled us to continue serving thousands of seniors in need through their contributions and grants made between July 1, 2011 and June 30, 2012.

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For your convenience, Curry Senior Center’s 501 (c) (3) tax-id number is 23-7362588.

Please accept our apologies for any errors or omissions. Edit at 415-885-2274 or abushnell@currysenior.org.