

# Aging With Health, Hope & Dignity

# Mission, History and Program Accomplishments 2014-2015

Mission: To provide seniors with services that promote independent living while maintaining their dignity and self-esteem.

Located in the heart of the City, Curry Senior Center helps meet seniors' essential needs for health care, meals, housing, and social connections – *right* in their own neighborhood.

Through its collaborative partnerships and integrated delivery of services, Curry cares for one of the most diverse, vulnerable – and *invisible* – populations in the City. Many are homeless or isolated with few financial or family resources to buffer the challenges of aging.

Curry responds to each individual as a whole person with unique needs. Whether it's counseling, dental care, or in-home support – or simply a place to belong – Curry helps each senior find a way to stay healthier and live with dignity while growing older.

# **About Curry Senior Center**

In 1972, with just one doctor and one nurse, a storefront primary care clinic first opened its doors to seniors in the Tenderloin. Its founder, Dr. Francis J. Curry, was a pioneer in patient-centered care and sought to make medical care as accessible as possible for low-income patients. This revolutionary approach would later become a model for international efforts against tuberculosis. Today, Dr. Curry's legacy of leadership and innovation lives on through the Curry Senior Center. Here, more than 2,000 seniors, regardless of income or insurance, have access to top-notch health care as well as meals, housing, and social services. This helps meet seniors' essential needs and lets them stay as active and socially connected as possible as they age.

For more information: www.curryseniorcenter.org

Curry Senior Center is dedicated to programming that generates tangible and measurable outcomes which demonstrate the power of investment in our comprehensive programming to insure real change in the lives of those served because of our supporters.

On the reverse are just a few of the program highlights from the 2014-2015 fiscal year. For complete program descriptions and offerings, please see the included brochure in your packet.

## **HEALTH CENTER:**

- <u>Health Coaches</u>: established Health Coaches as integral part of the medical services for seniors without personal support. Coaches help reduce the number of missed appointments, decrease the number of drop-in appointments and increase adherence to medications.
- <u>By-The-Numbers</u>: 1,325 patients were served with a total of 8,601 appointments or 6.5 appointments per year per patient. Includes 526 home visits.

## **CASE MANAGEMENT:**

- <u>After Hospital Stays:</u> A Transitional Care Case Manager provided assistance in easing seniors' transition home after a hospital stay and had one of the highest case completion and lowest rejection rates, averaging 44 completed cases per month.
- <u>By-The-Numbers:</u> served a total of 291 clients with the following outcomes: secured housing for 34 formerly homeless seniors; stabilized the living situation for 50 seniors at-risk of losing their housing; completed 586 home visits.

### **BEHAVIORAL HEALTH:**

- <u>Peers</u>: hired five Peer Outreach staff and formed partnerships with four community partners to identify and connect with socially isolated older adults.
- Language: Hired a Spanish speaking counselor providing individual and group counseling.
- New Funding: new substance abuse funding for homeless clients.
- <u>By-The-Numbers</u>: 192 in-home counseling hours for seniors too-frail to leave their rooms or apartments; seven new clients in the social isolation program; 881 individual counseling sessions.

### **SOCIAL PROGRAMS:**

- New Funding: Received funding from Dolby providing support for the bi-weekly costs of birthday celebrations, cultural events and other group activities. These activities are a center piece of the agency.
- <u>Computer Lab</u>: recruited a new Russian-speaking computer tutor who has covered social media, medical research, handheld tablets, smart phones, music downloads and Skyping.
- New Program Activities: in coordination with client-leaders started a weekly Gardening Club, a biweekly Asian Tea, as well as a Sewing and Knitting group.
- <u>By-The-Numbers</u>: Over 500 hours of translation including 342 of medical translations; 3,300 hours of activities (events, parties, classes and outings) and approximately 7,500 hours in the computer lab or about 625 hours per month (approximately 3,500 total hours the previous year).

### **DINING ROOM:**

- <u>Breakfast</u>: Enhanced breakfast beyond toast, peanut butter, tea and coffee to include: weekly fruit, bread and oatmeal. Added a third-seating for lunch.
- <u>By-The-Numbers</u>: Breakfast 53,293 meals versus 53,713 last year; and Lunch 67,595 this year and 58,932 last year.

