



ANNUAL REPORT

Fiscal Year July 1, 2020 – June 30, 2021





A Letter from Our Leadership

Anticipation or action? Anticipate and wait to get back to "normal?" Forge ahead and make adjustments as we go? Wait for experts to tell us what to do? All of the above!!

Special thanks this year to Curry's resilient staff, participants, and generous supporters who brought certainty to the past uncertain year and adapted to meet the needs of older adults here in the heart of San Francisco. We learned patience, living with uncertainty and Curry Senior Center remained open every day of the year.

New roles were assumed during the pandemic. Curry became a PPE (personal protective equipment) supply center and Covid information source for many homebound and sheltering older adults. Outreach staff teamed up with neighborhood partners — Glide, Tenderloin Community Health Center, SF AIDS Foundation, Kaiser and others — to call, knock on doors, and escort older adults to testing and vaccination sites and bring the vaccine to the homebound and hard to reach older adults we serve.

We developed new ways of working, embracing remote methods and Telehealth, and dedicating an onsite office for older adults without tech access at home to use. We created a YouTube site for continuous online training which led into a "tech boom" — the distribution of tablets, securing home WiFi, and hiring a Technology Navigator to answer the simple, every-day and complex questions. Curry Connections, a phone based social calling program, enhanced staff's work!

Equity within — staff, patients, clients and community — occupied everyone. Creating a dedicated space to raise awareness, understanding, sponsored serious internal debate, took center-stage and was given equal priority to other Curry Senior Center initiatives. Curry's equity team members continue to engage experts in learning sessions for the staff, practical application of equity skills in our approach to our Black/African American clients and our team approach to each other, as well as reflecting on how to expand our work to reach more groups affected by inequity.

And we continue into the new year, as we approach our 50th year — 2022 — we reflect on Curry's past with confidence in our future as we reach out and thank all of our current and former staff and all others who have worked with, and supported us, over time and into the years to come.

Sincerely,

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Curry Health Center

The Primary Care Clinic was established in 1972 by Curry's founder and namesake, Dr. Francis J. Curry and is central to all Curry Senior Center services. The Health Center provides preventative and primary care by appointment, on a drop-in basis and through house calls. Additional services include pharmacy, podiatry, psychiatry, eye-screening, and women's health. As a teaching site, Curry Health Center attracts nursing and medical students and residents from UCSF, offering hands-on experience in public health medicine, working with low-income clients dealing with isolation and minimal support from family and friends.

Highlights of this past year include:

- Clinic and Senior Center staff conducted outreach to educate patients on COVID-19 vaccine and scheduled appointments at the Center.
- The Clinic led all Health Department clinics with significant African American patients achieving equity in COVID-19 vaccinations, with zero disparity for our African American and other patients of color.
- Curry providers walked and biked the neighborhood to bring COVID-19 vaccines to our homebound and hard to reach patients.

- The International Student Program was revitalized and attended by students from Japan, China and other parts of Asia.
- Thanks to donor support, the Clinic and Senior Center maintained esprit de corps by providing lunches to staff while supporting local businesses.

By the Numbers:





4,920

Number of Total Visits

Number of Office Visits

Patients Over Age 65

89%

Primary Language Not English



29%

Demographics by Race/Ethnicity

Asian



24%

Black/African American



19%

Hispanic/Latino



17%

White



33%

Other



8%





644

Number of Home Visits

Number of Telehealth Visits

72%

% Patients Who Received COVID Vaccines

COVID Vaccinations by Race

Asian



29%

Black/African American

19%

Hispanic/Latino

13%

White

33%

Other



6%

The Senior Center

Curry's Senior Center brings together older adults in the Tenderloin Community and engages them in cultural celebrations, educational programs, and community advocacy. The Center aims to reduce loneliness and social isolation and provide programs that help clients navigate daily living. The Center provides culturally appropriate programs and services to the diverse population of older adults with onsite staff speaking the following languages: Cantonese, Lao, Mandarin, Spanish, Tagalog, Thai, and Vietnamese. The Senior Center also provides social and support programming to the LGBTQ+ older adult population.

Highlights of this past year include:

- Programs that were limited due to COVID-19 are now slowly opening up and offered through hybrid on-line and small group, in-person engagements.
- Chinese Lunar New Year and Gay Pride Celebrations took place.
- Samahang Pinoy, a Filipino social group continued.
- Vietnamese staff offered English as a Second Language classes, social groups, translation services, and medical appointment escorts.
- "Ageless," a weekly hybrid social and support group was carried out with the Transgender and Gender Non-Conforming community.
- The Computer Lab reopened with greater safety measures, providing those without personal devices access to technology.



Number of Clients Served



Number of Hours of Social Services



Number of Hours of Translation





Dining Room

Curry Senior Center has continued its partnership with Project Open Hand, offering breakfast and lunch to Curry Clients every day of the year. Service was impacted by COVID-19 shelter-in-place orders, and sit-down, in-person dining was replaced with meals to-go only. Happily, in-person dining returned to the Dining Room in August 2021 for those able to show proof of vaccination. To-Go meals remain available for both breakfast and lunch. The Dining Room has gone the distance to keep providing meals to Curry Clients.

This year's program highlights include:

- Frozen meals were available for pickup on weekends.
- With proof of identification, clients were able to pick up meals for family and friends unable to walk to the Center.



Number of Elders Served



Number of Breakfast Meals Served



Number of Lunch Meals Served



Drop-In Center

Curry's Drop-In Center is a walk-in low-threshold engagement program, providing respite, support, fun and a sense of community for our most marginalized older adults. At the start of the pandemic, the Drop-In Center briefly closed to determine how to proceed. Re-opening in May 2020, the Drop-In Center is the only program at Curry that remained opened to walk-ins through the course of COVID-19. Following CDC Guidelines, the Center reduced its capacity from 32 to 6 clients at a time, all spaced 6 feet apart, given temperature checks, hand sanitizer and masks. The Center continues to offer: The Open Mic music program, Bingo, Chair Exercise, Documentary films, News and Discussion, and a monthly meal distribution donated by the Golden State Warriors and Chase Center.

This year's program highlights include:

- For clients with personal technology devices, on-line Zoom Bingo programing was provided 2 days a week, facilitated by Curry Volunteers.
- Clients were offered Peer Escorts to and from clinical appointments, COVID-19 testing and vaccination appointments.

• The Center has become part of a city-wide effort, the Dream Keeper Initiative, investing in San Francisco's Black and African American community. Curry is reaching out to 60 African American older adults to record their personal narratives, giving a more holistic understanding of their lives and histories. Stories will be shared through the Dream Keeper Initiative.



Number of Visits

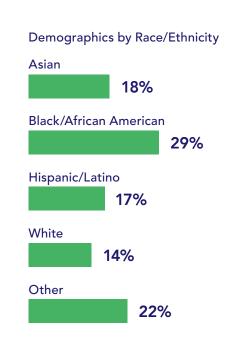


Number of Seniors with Wellness Based Activities



Number of Seniors Referred to COVID-19 Testing





Case Management

Case Management assesses the needs of older adults and their support systems, and then coordinates, monitors, evaluates, and advocates for services to meet each client's physical, medical and emotional needs. The core focus is to maintain a supportive relationship with the client to help them accept and benefit from services. Case Management in-person activities, which became telephone-based due to COVID-19, resumed in 2021 and were gratefully received by our clients.

Highlights of this past year include:

- Case Management continued its partnership with Medical Respite program in providing services to Curry Health Center's patients who are homeless and have complex medical, emotional and social challenges.
- Curry case managers and Saint Francis Memorial
 Hospital Emergency Room social workers formed a
 partnership to work with older adults who use the
 emergency room excessively. The goal of this program
 to reach clients who normally don't use medical
 outpatient services and decrease emergency room
 usage for non-urgent medical issues.

By the Numbers:



Number of Home Visits



Number of Rides and Escorts Provided for Seniors

Behavioral Health

Curry Senior Center's Behavioral Health Services include both mental health and substance use disorder services for older adults who have clinical depression, anxiety and/or addiction issues that interfere with everyday functioning. Work is done through individual and group counseling. In addition to the traditional clinical work, on-going case management is an important component of BHS.

Highlights of this past year include:

- Curry expanded services adding a second Behavioral Health Navigator with financial support from St. Francis Hospital.
- Curry formed a partnership with Stepping Stone
 Adult Day Health to provide group counseling to
 Adult Day participants with substance use disorders.
- BHS is now fully integrated with Telehealth. Approximately 50% of clients prefer telehealth to coming into the building.
 A grant from the Sierra Health Foundation enabled
 Curry to buy equipment for telehealth services.





By the Numbers:



Number of Seniors Served



Number of Group Sessions Addressing Social Isolation, Food Insecurity, and Housing Retention



Number of Wellness Checks Per Resident Per Year

Cadillac Hotel

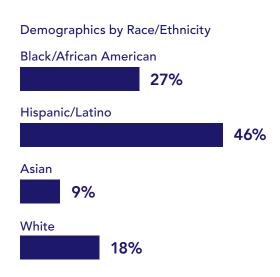
Case Management Support Services

Case Management support services were established in the single-room-occupancy Cadillac Hotel to personalize linkages between residents and services, aiming to better meet the needs of each formerly homeless individual. In addition to service linkage, staff escort residents to appointments and contact family members in time of need. Support is given to all residents in maintaining healthier and cleaner living standards in their rooms.

Three groups are offered weekly, targeting self-sufficiency, social isolation, housing retention and nutrition. There is a weekly food pantry, coffee and news talk, and a Spanish AA meeting. There are monthly offerings of Loteria (Spanish bingo), art therapy, karaoke, memorials and birthday celebrations.

Highlights of the past year include:

- Staff expanded to include a bi-lingual case manager, a Malawian case manager, and a bi-racial case manager and supervisor.
- A 4th of July celebration was held in a decorated lobby with a sit-down dinner serving all residents.
 A Winter Fest was held for Dia De Los Muertos.
- In coordination with the DOPE Project, Narcan, a medication for emergency treatment of opioid overdose, was placed in mounted wall boxes on each floor, overseen by resident floor monitors.
- COVID-19 Care Packages containing hand sanitizer, gloves, masks & shield, and disinfectant wipes were distributed to residents.



Addressing the Needs of Socially Isolated Older Adults

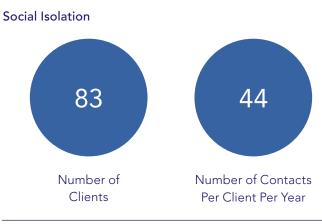
After 5 successful years and a proven track record for reducing loneliness among isolated older adults, the San Francisco Department of Public Health has agreed to support Curry's peer-outreach intervention program past the original 5-year grant from the State of California, extending the program through June 30, 2023. The program has expanded to serve six different areas of San Francisco.

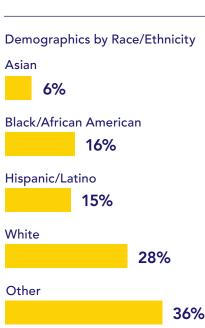
The program, Addressing the Needs of Socially Isolated Older Adults, cultivates trusting relationships between a Peer who has lived the experience of isolation or navigating the behavior health system, and an older adult currently experiencing isolation.

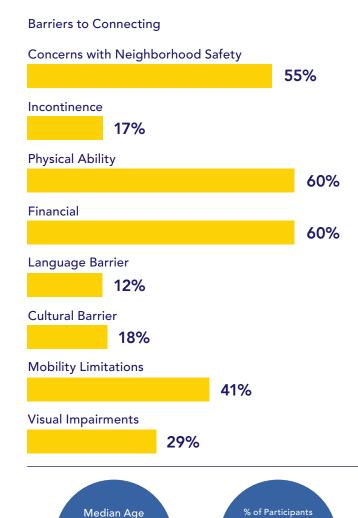
Three papers have been written on the program; a toolkit for dissemination of the program; a program implementation and impact paper published in the Journal of the American Geriatric Society; and a third paper, now in journal review.

Highlights of this past year include:

- Six peers actively engaged with isolated older adults including one Trans peer and one LGBTQ peer.
- During COVID-19 restrictions, connections with clients were maintained through phone calls.
- COVID-19 Care Packages were distributed by Peers to their clients.
- Peers connected clients to technology programs at Curry, aiming to further reduce social isolation.
- As COVID-19 restrictions began to lift, Peers met clients at local parks for socialization, stretching, meditation, and poetry readings.







Wellness Programs

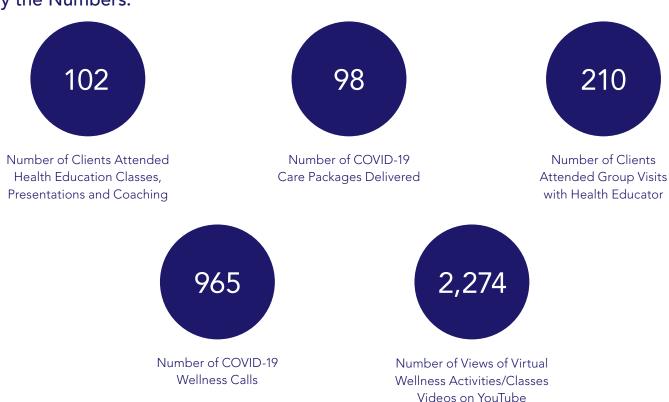
Curry's Wellness Programs build life skills and support Curry patients and clients in healthy eating and active living, managing chronic illness and stress, and reducing social isolation and loneliness. Curry staff are also supported with wellness activities that are both fun and informative, such as healthy eating events and fitness challenges. Wellness Program activities for clients include:

Health Classes for Chronic Diseases

Six-week workshops moved from in-person to Zoom in compliance with shelter-in-place orders. These health classes focus on self-management approaches to chronic illnesses such as diabetes, heart disease and arthritis by establishing individual health goals and planning actions to support those goals. This program reconvened in-person classes in Summer 2021.

Virtual classes were offered on Zoom on health topics including kidney health, hypertension, COVID-19 vaccinations and testing, and mental balance. Individual sessions were added to the offerings.

By the Numbers:



Wellness Nursing in the Home

Helping older adults age-in-place, Wellness Nursing Services continue to be offered on-site at the Cadillac Hotel. A Registered Nurse maintains an on-site office, offering residents health information, support, blood pressure checks and referrals.

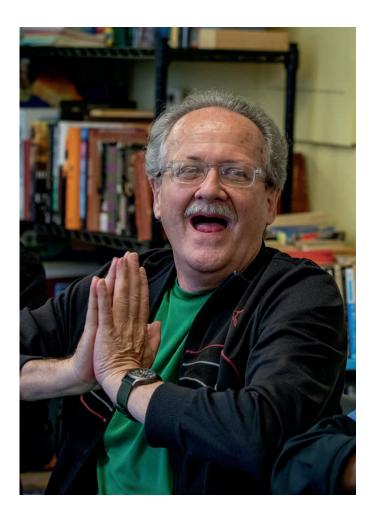


Senior Vitality

Senior Vitality (SV), aims to increase technology skills, reducing social isolation and increasing health-care self-maintenance. SV is a 12-month program providing internet access, technology training and support, and health coaching. After graduating from the program, participants are offered a follow-up "Maintenance Program" to continue learning and engaging with other older adults. This year all classes were offered virtually via Zoom, YouTube lessons and a social engagement program called Zoom Hangout.

Wellness Program Highlights of the past year include:

- Overall, 143 clients participated in Preventive Health and Health Education Classes and Workshops.
- The Senior Vitality YouTube Channel was created covering topics such as positive thinking, nutrition, and gardening.
- Tai Chi classes and exercise videos were emailed to clients several times a month.
- A new program, "Walk with Vitality," was developed to engage clients in a virtual walking community using the Fitbit tracker and app and health education.



By the Numbers:



Number of Participants



Number of Russianspeaking Participants



Number of Cantonesespeaking Participants



Number of Hours of Training



Number of Hours of Health Coaching



Number of Hours of Tech Support

Curry Tech Support

Curry Tech Support (CTS) was started in January 2021 in response to client-needs for technology equipment, internet service, training and support. Many clients, living alone, were not able to access online resources and services during a critical time of isolation, intensified by the pandemic. CTS is a 2-year pilot program funded by donor contributions.

Program Highlights include:

- A 14-lesson curriculum was written and translated into Vietnamese, Cantonese, and Russian.
- The Tablet plus Curriculum Program distributed tablets, cases, styluses and headphones, and offered individual tablet training.
- Direct Assistance was offered in setting up home internet services. Appointment-based Technology Assistance was provided to clients with devices who needed tech support.





Total Number Served



Number of Tablets Distributed



Number Served through Drop-in Hours



Number of Tech Support Appointments



Curry Connections

Curry Connections (CC) is a social calling program connecting trained volunteers with older adults for friendship and conversation over the phone. This program was created in Summer 2020 as a pilot program in response to the high degree of isolation and loneliness experienced by clients during the COVID-19 pandemic and shelter-in-place restrictions. The program also provides a virtual phone-based volunteering opportunity for dedicated Curry volunteers. The program aims to improve emotional and psychological well-being, reduce social isolation and build meaningful social relationships. The program model, materials, and technical assistance and training were provided by the Motion Picture & Television Fund (MPTF).

This year's program highlights include:

- 16 training workshops for prospective volunteers were held.
- Both English- and Cantonese-speaking clients were enrolled.

By the Numbers:









Number of Hours of Service Calls

Number of

Clients Served

Volunteers

Volunteers are essential to the work at Curry Senior Center, and many were severely missed due to COVID-related closures of in-person programming at the Center. Although the use of volunteers was limited this year, they continued to serve wherever they could, which turned out to be quite a few places. We look forward to welcoming back our volunteers with an increase of in-person opportunities in 2022!

Highlights of this past year include:

- Organizing and distributing gifts for the holiday gift drives.
- Socializing and supporting clients by phone through the calling program, Curry Connections, and teaching virtual classes across programs.
- Participation in fundraising, joining event and board committees.
- Facilitating virtual bingo for the Drop-In Center.





Curry Senior Center PALS

The Professionals Advocates and Leadership Society (PALS) has worked with the Curry Senior Center since 2015. PALS assisted with and organized several fundraisers, and also assisted with holiday gift drives. As events have become more digital during the pandemic, PALS also helped test and organize the first Zoom events for Curry as we try to find new ways to spread awareness, volunteer, and fundraise.



Major Donors

Corporate, Foundation and Organizational Support

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American Cancer Society

America's Best Local Charities

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San Francisco Human Rights Commission

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13.89%

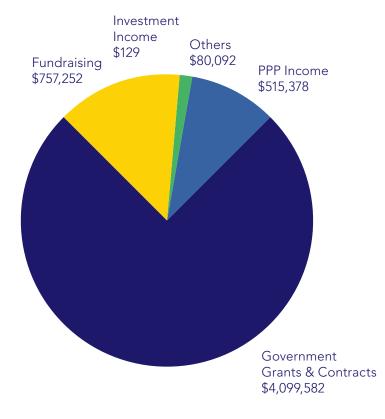
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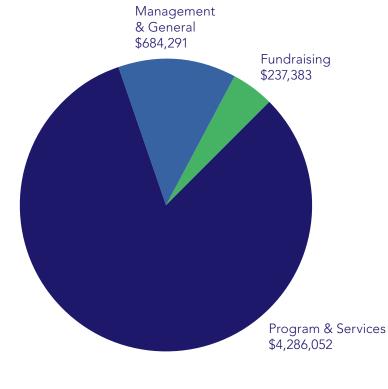
Year-End Financials

Support & Revenue



| Total | \$5,452,433 |
|-------------------------------|--------------------|
| PPP Income | 515,378 |
| Others | 80,092 |
| Investment Income | 129 |
| Fundraising | 757,252 |
| Government Grants & Contracts | \$4,099,582 |
| | |

Expenses



| Program & Services | \$4,286,052 | 82.30% |
|-------------------------|-------------|--------|
| Management & General | 684,291 | 13.14% |
| Fundraising | 237,383 | 4.56% |
| Total | \$5,207,726 | |



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