

ANNUAL REPORT 2018

JULY 1, 2017-JUNE 30, 2018



CURRY
SENIOR
CENTER

Promoting wellness, dignity and
independence for seniors



FROM OUR EXECUTIVE DIRECTOR

Curry Senior Center is fortunate to be able to report on many new activities this past year. A year of news, a new look and some new programs.

As the Civic Center neighborhood (and almost all of Eastern San Francisco) seems to be transforming block by block, Curry's news started with refreshing our "brand". We revised our logo, adding new colors, updated our website's language, adding new features – we have a more contemporary, vibrant look.

I want to thank our supporters and San Francisco voters who passed Proposition I, also known as the Dignity Fund in November 2016. This dedicated funding of services for seniors and adults with disabilities in San Francisco supported three new program activities in our senior center!

Curry also formalized all non-clinical health programs into a new combined Wellness Program. In addition to regular chronic disease classes, we offer exercise, nutrition and cooking opportunities, and include staff in wellness activities!

Thank you for your support!

David Knego, Executive Director

CURRY HEALTH CENTER

The core of Curry's array of services, the Primary Care Clinic, was established during the founding of our organization and in partnership with the San Francisco's Department of Public Health. The Health Center offers preventive and primary health care by appointment, on a drop-in basis, and through house calls. Additional services include pharmacy, podiatry, psychiatry, eye-screening, and women's health.



This partnership's importance stems from the challenges of many of Curry's seniors: isolation, low-income, and minimal support from family or friends. The core health services are integrated with a wide-array of programming, allowing independence for our seniors for as long as possible. This past year we focused on a few priorities:

We focused on patient satisfaction in our reception area. The reception area was revamped with a wide-screen TV (with health and fun programming), brand-new deep-cushioned chairs, magazine racks, and a water cooler.

We also focused on the following health initiatives which included:

- Depression Screening
- Tobacco Cessation Counseling
- Hypertension Control for African Americans
- Post-Hospital Discharge Follow-Up Calls

- Our providers - doctors and nurse practitioners - made 551 home visits, an essential component of care for the most frail and home-bound seniors.

- We were able to provide 59 smoking cessation referrals.



BY THE NUMBERS

CASE MANAGEMENT

Case management collectively assesses the needs of our seniors and their support system and coordinates, monitors, evaluates, and advocates for services to meet each client's complex needs. The core focus of case management is to maintain a supportive relationship with the client in order for him or her to accept and benefit from services.

THE SAN FRANCISCO HOUSING CRISIS

One of the biggest challenges our case management staff face would be apparent to many – the housing crisis in San Francisco. Many of our seniors living on a fixed income, are also challenged with maintaining their standard of living – in their current rooms or apartments.



Our dedicated case managers were successful at securing housing for 18 formerly homeless seniors. This is an astounding number when considering it takes almost two years of steady, diligent work to finalize the paperwork, get and stay on the right list, and gain housing. Many years ago, this process would take at-most, 6 months.

We also stabilized the living situations of 28 seniors at risk of losing their housing – due to unexpected financial challenges (in most cases medications and health-related expenses).

BY THE NUMBERS

- Secured housing for 18 homeless seniors
- Completed 396 home visits

BEHAVIORAL HEALTH

Curry Senior Center's Behavioral Health programs include both mental health and substance use disorder services for seniors who have clinical depression, anxiety and /or addiction issues that interfere with everyday functioning. Our work is done through individual and group counseling, and home visits. Curry is one of the few programs that provide therapy in the home of seniors who are too frail or fearful to leave their homes, which decreases isolation for our seniors.

One of the biggest successes of this past year was a new partnership we created with Golden Gate for Seniors, a residential program for homeless seniors. Our staff now provide weekly group sessions for homeless seniors working on issues of concern to each person.



493

One-on-one counseling visits

BY THE NUMBERS

- 805 instances of group participation
- Our new Patient Navigator completed 79 escorts in the first three months, ensuring that patients are receiving care

SENIOR CENTER

Curry's Senior Center programming focuses on emotional and physical health, education, reduction of isolation, and community engagement. All social, cultural and computer lab activities are held in eight languages. Bi-lingual staff also assist in the health center with medical translations for seniors and their families.

The Dignity Fund, passed by San Francisco voters in November 2016, created a stream of dedicated funding for seniors and adults in disability programs in San Francisco. One of the priorities of the Dignity Fund, and San Francisco's Department of Aging and Adult Services, was the establishment of both new programs and outreach to new populations of seniors. Curry was fortunate to receive two new contracts from these funds.

ACTIVITIES & EVENTS

The community programs at Curry bring inspiration, companionship and cultural awareness to our seniors on a weekly basis. Some community programs include T'ai Chi, Popcorn and a Movie, ESL classes, LGBT Lunch Bunch, and more! Seniors benefited from 665 hours of events this fiscal year.

FILIPINO OUTREACH

Our new Tagalog Program Assistant has spent hours recruiting in the Tenderloin and SoMa neighborhoods, enrolling more than 20 new Filipino clients. Now, each Wednesday, 15-20 Tagalog-speaking clients come to participate in Samahang Pinoy for Filipino movies, current event discussions, food classes, and more.

TRANSLATIONS

Our multicultural staff at Curry have provided over 737 hours of translation in languages such as Lao, Vietnamese, Russian and Chinese, including more than 200 medical translations and more than 3,400 hours of activities (events, parties, classes, and outings).

DINING ROOM

In partnership with Project Open Hand, Curry Senior Center offers breakfast and lunch every day of the year. The Dining Room is more than just meals for our seniors, it's a way to encourage connection and build a sense of community among our seniors. The Dining Room also has a wide range of activities including a Nutritionist who offers a weekly presentation for our seniors. We have also been able to host events like an 'old-school sock hop' and Karaoke on a quarterly basis.

5,631

Volunteer hours



124,211

Total meals served (including breakfast and lunch)

BY THE NUMBERS

- 5,631 hours of volunteer assistance serving meals by individuals and organizations
- 47,744 breakfast meals
- 76,467 lunch meals

OUTREACH AND ENGAGEMENT

This past year, Curry re-organized three activities into the Outreach and Engagement program. All activities are “client-centered” which aims to engage and connect isolated seniors so that they are provided with what they need.

The Peer Outreach Program, employs older adults to outreach to seniors 55+ who are isolated or lonely. The programs’ goals are to connect isolated seniors in order to increase their socialization, reduce their isolation and encourage their participation in activity-based programs. This program has partnered with UCSF conducting research into how prevalent isolation and loneliness are among seniors, as well as measuring the impact the Peers have on reducing isolation.



“I REALLY BONDED WITH MY PEER AND HE HAS ALWAYS BEEN THERE WHEN I NEED SOMEONE TO TALK TO.” - A CURRY SENIOR



CADILLAC HOTEL

The Cadillac Hotel, a residential hotel located one block from Curry, partners with us to provide supportive services for formerly homeless people. Curry is working with the Cadillac Hotel's leadership team to connect their residents with the array of services at Curry Senior Center.



DROP-IN CENTER

Curry's Drop-In Center, adjacent to the Dining Room, was managed by the Family Service Agency until January of 2018 when Curry Senior Center took over. The Drop-In Center is a "low-threshold" program, which means that seniors do not have to fill out extensive paperwork to participate.



WELLNESS PROGRAM

Curry organized an array of health and wellness activities into the new Wellness Program in July 2017. Activities include health education, health promotion, and patient improvement across the agency. Wellness staff also provide a variety of creative health activities and opportunities for the entire Curry Senior Center staff.

Senior Vitality – providing a tablet, group training and internet in senior's homes - was initially established in 2015 for seniors who could not connect when our Computer Lab was closed. We are happy to report that the Dignity Fund fully funded this program in January 2018! This program will now serve 60 seniors per year, and include classes in both Cantonese and Russian.



The Wellness Nursing Program is a new pilot program with Curry's longtime partner, Tenderloin Neighborhood Development Corporation (TNDC), in which a registered nurse and two bi-lingual health educators assist with health access, education and connections to health care providers. Approximately 20% of the residents in three senior buildings are now connected. Our goal is to increase the health and wellness of individuals and the buildings as a whole.

- 43 new total patients received one-on-one health education
- 359 total visits with a health educator
- 100 residents joined the Wellness Nursing Program
- 30 seniors graduated from six-week health education classes

BY THE NUMBERS

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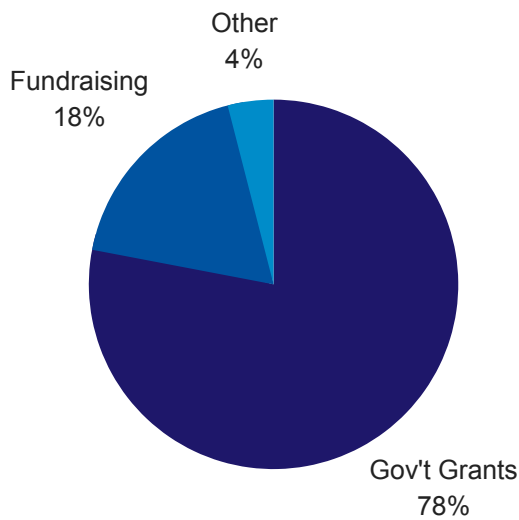
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YEAR-END FINANCIALS

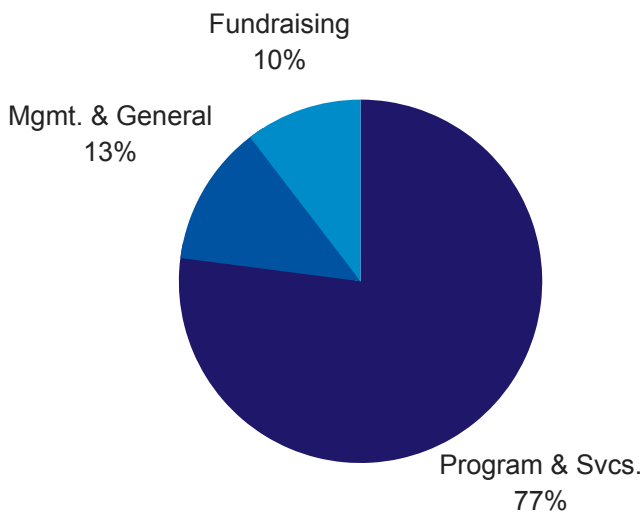
July 1, 2017-June 30,
2018

Support & Revenue



Gov't Grants & Contracts	\$3,079,003	78%
Fundraising	\$729,377	18%
Others	\$154,869	4%
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Total	\$3,963,249	

Expenses



Program & Services	\$2,922,478	77%
Management & General	\$474,676	13%
Fundraising	\$386,802	10%
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Total	\$3,783,956	