









**Curry Senior Center** 

50 Years in the Heart of San Francisco

### **ANNUAL REPORT** Fiscal Year July 1, 2021 – June 30, 2022









### **Promoting Wellness, Dignity & Independence for Seniors**

333 Turk Street • San Francisco, CA 94102 • 415-920-1351 • Web: curryseniorcenter.org



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Dear Friends of Curry Senior Center,

In the spirit of this extraordinary 50th anniversary year, Curry spent the year reflecting on the principles that have guided our work for 50 years. Our team examined a multitude of topics, such as equity, best practices, and client-relations.

To start the year, Curry launched a staff-led Equity Committee whose primary role is to ensure that everyone's experiences, perspectives, and concerns are being heard. The Equity Committee was instrumental in establishing more transparent guidelines and policies for hybrid work, as well as increasing Curry's minimum wage to \$25/hour and shifting more part-time workers to full-time positions.

Our goal at Curry is to provide a safe space for authentic self-expression for our clients and staff. Curry looks to achieve this by improving the following aspects of our clients' lives: social and cultural connectivity and community engagement; access to, and knowledge of, self-care; and self-management of personal health.

This report will provide you with examples of Curry's services and programs, all of which support our core principle of having a positive and lasting impact on our seniors and the community.

Look at images from our 50th Anniversary Gala, where longstanding board member and colleague Richard Sullivan received Curry's Lifetime Achievement Award. This event serves as an opportunity for all our supporters — from friends and family to staff and corporate partners — to gather and enjoy themselves. It was also the first chance to gather and celebrate after two and a half years of remote celebrations necessitated by health risks posed by the pandemic.

We have included metrics demonstrating both organizational growth and financial stability in the fiscal year ending June 30, 2022 - an achievement made possible through the efforts of our tremendous staff and the generosity of supporters like you!

We rounded out this milestone year with the acquisition of a location for our new Technology and Wellness Education Hub. This location will extend our clients' access to safe and secure places to gather, learn, and grow as they age. The Tenderloin remains the neighborhood where many of the growing senior population can find housing. With your help, we will continue meeting them with compassion, providing them with care, and keeping them safe.

David Knego Jonrie Dávila

David Knego Executive Director







Leadership Society (PALS).

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#### **BOARD OF DIRECTORS**

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Simone Sims Support Services Supervisor, Cadillac Hotel

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Ann Tuszynski, LCSW Director of Clinical Programs

#### **CURRY'S IMPACT**

This year, Curry Senior Center, with special assistance from Metta Fund, reviewed and redefined its purpose and the state of our clients. See how we articulated our Guiding Principles and chose to measure our Ultimate Impact.





#### **Curry's Guiding Principles**

The Mission of Curry Senior Center: Promoting Wellness, Dignity and Independence for Seniors.

- 1. Person-Centered Care is More Effective Care — By truly respecting client perspectives and offering a multitude of services that honor a breadth of communities, Curry is able to empower clients to create their own personalized experience within our organization.
- 2. A Compassionate Approach From social services to technology education, to self and medical care, Curry staff meets every client with compassion. We believe, and have seen, that small, individual changes in behavior and skills lead to valuable changes in our clients' lives.
- 3. Partnerships with a Purpose No person is an island, and neither is our organization. Purposeful partnerships enable Curry to advocate for our clients and increases opportunities for larger policy change.

#### **Curry's Desired Ultimate Impact**

- Older adults are confident that their basic needs are securely in place and they experience compassionate care and connection outside of their home.
- Older adults have shared experiences with their community
- Older adults experience well-being and hope as they define them both.



Older adults received 98,192 meals through Curry in collaboration with Project Open Hand

### **ULTIMATE IMPACT**

Older adults are confident that their basic needs are securely in place and they experience compassionate care and connection outside of their home.



1,049 Seniors served in Curry Health clinic



345 **Clients receiving case** management service





9 Average number of visits per clinic patient



4.5 Average number of case management appointments per clients

#### **Programming Summary to include**

- **Case Management:** Our keystone program, Case Management provides support in establishing and solidifying our clients basic needs. From affordable housing referrals and access to financial resources to multiple wellness groups, Case Management is a portal through which many clients pass.
- Behavioral and Mental Health: By providing 1-on-1, small group, and telehealth options for behavioral and mental health care, Curry is able to support our clients through the struggles they face with substance use, anxiety, and depression.
- Health Clinic: Curry offers our clients conveniently-located primary and preventative care, where they can receive referrals to specialty care and in-home nursing.
- Wellness: Curry offers clients health workshops and coaching on chronic disease management and nutrition. We also provide support for food access, health-focused technology support and drop-in and language services all crucial elements in creating lasting wellness for seniors.
- Supportive Housing: Curry helps seniors live independently as long as possible by offering them the assistance they need. Services include, but are not limited to rental payments, bank navigation, linkage to specialty healthcare, referrals, money management, employment, immigration, hospice, and nursing.

### **SNAPSHOT: SUPPORTIVE HOUSING**

"I've lived at The Cadillac for 27 years. I'm nearly blind. Since I don't have papers, I've been afraid to go to a hospital or clinic. But when the Curry Case manager spent time with me, speaking in my first language, I felt that I could trust him. He helped me to get Medi-Cal and an eye appointment and eventually an operation on both my eyes. Now I can see and life is so much better."

— Mr M., age 68

#### **SNAPSHOT:**

Each month, Curry's Wellness **Program** enables seniors to purchase fresh produce at the nearby Heart of the City Farmers Market. Curry staff and volunteers have escorted 200 clients to and from the Curry doors to the market for culturally familiar foods such as bitter melon, persimmons, watercress and locally grown pistachios.



### **ULTIMATE IMPACT**

Older adults have shared experiences with their community.

### **SNAPSHOT:**

134 seniors visited Curry's Drop-In Center an average of 35 times. The Drop-In Center not only provides a safe place for seniors to rest, charge their devices, and chat with others, it also offers access to "Curry Closet", a comfortable, non-judgmental space where seniors can exchange their worn-beyondrepair items for "new" clothing.



### **SNAP SHOT:**

Dream Keeper Initiative: Curry launched Year One of a three-year-long San Francisco Human Rights Commission grant to gather and share the stories of Black/African American older adults living in San Francisco. With the help of volunteers from "My Life, My Stories", Curry co-produced a book, The Life Stories of Curry Senior Center, that shines a light on the experiences, lives, and stories of 22 Curry Clients.

Through these stories, we learn about the San Francisco of their youth, the importance of community support throughout the trials and tribulations of their lives, endless jazz shows in The Filmore, years spent abroad, the magic and inspiration found in art and poetry, and much more. Follow Curry on Facebook or Instagram to learn more.



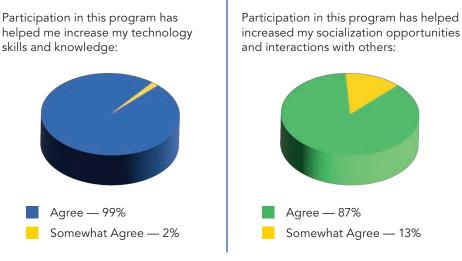
### IMPACT

Older adults experience well-being and hope as they define them both.





### **Results from Senior Vitality Customer Satisfaction Survey**



#### **Peer Program:**

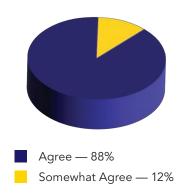
Our Peer Program highlights the importance of connection. 70 seniors received 2,994 or 43 visits each from a Peer Outreach Specialist. For example Curry senior Roberto lives alone and is separated from his family. Like many older adults with limited English, he found medical appointments and the healthcare system overwhelming. Now Roberto is accompanied to his appointments by a Peer who provides translation and emotional support.

The Journal of Applied Gerontology published a Qualitative Implementation Science Study on Curry's Peer-Support Intervention to Reduce Loneliness and Isolation in September 2022.

#### **Technology Programming:**

Curry's Senior Vitality staff trained 89 seniors in 10-week small group classes with additional individual tech support. The outcomes not only included skills using tablets provided by Curry but also decrease in social isolation and overall feeling of well-being. Curry also introduced a new tablet training program geared towards LGBTQ+ Older Adults seeking telehealth services. Finally, Curry Tech Support provided 76 older adults seven hours each of one-to-one help with their mobile phones, tablets, email and internet connection.

Participation in this program has made a positive impact on my life:





# **CURRY SENIOR CENTER'S GOLDEN JUBILEE** ~50th anniversary Gala







## **Major Donors**

#### **Individual Support**

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	Shirley Quitugua
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	Helen Ripple
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# **Major Donors**

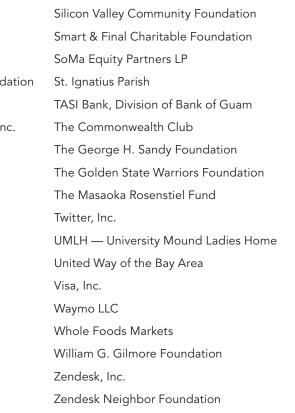
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#### **Government Funders**

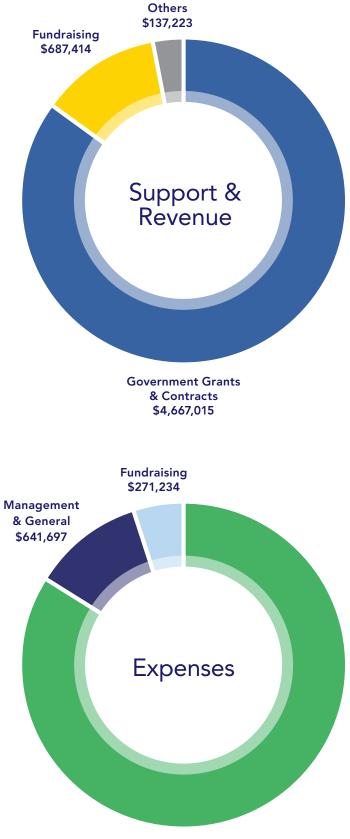
Community Initiatives/S.F. Human Services San Francisco Department of Disability and Aging Services San Francisco Department of Homelessness and Supportive Housing San Francisco Human Rights Commission San Francisco Department of Public Health

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# Year-End Financials



Program & Services \$4,676,852

TOTAL EXPENSES	\$5,491,652	100%
Others	137,223	3%
Fundraising	687,414	12%
Government Grants & Contracts	\$4,667,015	85%

Program & Services	\$4,676,852	84%
Management & General	641,697	11%
Fundraising	271,234	5%
TOTAL EXPENSES	\$5,589,783	100%



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### A CUSTOMIZED SPACE FOR TECHNOLOGY AND WELLNESS PROGRAMMING



### THE OPPORTUNITY

After years of searching for an additional location, Curry Senior Center has found a ground floor space at Turk Street and Larkin Streets. Curry Senior Center is seizing the opportunity to reimagine how physical and mental wellness, the digital divide and social isolation can be addressed in this new site.



At Curry Senior Center's Tech and Wellness Hub, seniors will have a brightly lit, safe place where they may gather with other seniors to socialize, and continue to learn and grow. In the Tech and Wellness Hub, they will learn how to use mobile phones and IPADS to access the essentials of daily living — communicating with their doctors, ordering medication, paying bills and communicating with loved ones. Kind and knowledgeable staff will be available to assist and support them.



"SoMa is so excited to support Curry and the new tech and wellness hub to enhance the livelihood of our seniors. It just makes sense that if we have access to technology and all the efficiencies of communication that come with it, our seniors should, too."

— Brittany Kuykendall, SoMa Equity

You can be part of this exciting project. For more information contact Development Director Arlo Bushnell at abushnell@ curryseniorcenter.org