

SUPPORT + CARE RESOURCES



San Francisco organizations that promote health, safety and independence for older adults, veterans and people with disabilities that are welcoming and inclusive for members of the LGBTQ+ community.



INSTITUTE ON AGING: LGBTQ+ COMMUNITY SUPPORT

Institute on Aging (IOA) works to enhance the quality of life for adults as they age by enabling them to maintain their health, well-being, independence and participation in the community. They serve a diverse population of older adults and disabled adults by providing innovative, community-based programs that enable clients to live at home for as long as possible.



SHANTI PROJECT: LGBTQ+ AGING & ABILITIES SUPPORT NETWORK (LAASN)

LAASN provides compassionate supportive services that help counteract isolation and emotional, behavioral, and health challenges faced by lesbian, gay, bisexual, transgender and queer older adults and adults with disabilities.



DAS BENEFITS AND RESOURCES HUB

The Hub is the San Francisco Human Services Agency service center for older adults and people with disabilities. They'll help you access food assistance, safety and protection, veterans benefits, health programs, case management and adult learning. Services are provided in partnership with community-based organizations.



AGING AND DISABILITY RESOURCE CENTERS (ADRC)

ADRCs throughout the City provide information and referrals for support services including caregiver support, case management, in-home care, financial planning, medical care, and housing. You can also call the ADRC Coordinator at (415) 750-4111 or the DAS hotline at (415) 355-6700 for referrals to the ADRC.



SAN FRANCISCO AIDS FOUNDATION: PEOPLE OVER FIFTY

Provides HIV services, prevention with PrEP and help managing your relationship to drugs and alcohol. They also have volunteer projects and community social groups that facilitate weekly coffee get-togethers and group dinners. Whatever connection you're seeking, SF Aids Foundation has a group or service for you.